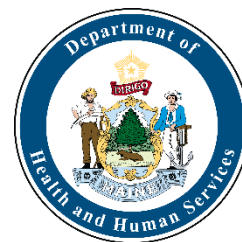












Office of Aging and
Disability Services (OADS)
Department of Health and
Human Services (DHHS),
Maine



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Information from the SIS-A Summary Report assists with PCP development. SIS-A assessment data can be coupled with information gathered through ongoing conversations with individuals about the services and supports that align with their goals and vision for their future. The crosswalk below outlines SIS-A sections organized into eight Charting the LifeCourse (CtLC) domains, which are also found within the PCP. Some of the information contained in the SIS-A Summary Report can be incorporated into Section 3 of the PCP, “Getting the Life I Want”.

| CtLC Domain | Relevant SIS-A Sections |
|--|--|
| Employment  | Section 2E: Work Activities <ol style="list-style-type: none"> 1. Learning and using specific job skills 2. Completing work-related tasks with acceptable speed 3. Completing work-related tasks with acceptable quality 4. Changing job assignments 5. Interacting with co-workers 6. Interacting with supervisors/coaches 7. Accessing/receiving job/task accommodations 8. Seeking information and assistance from and employer Section 2G: Advocacy Activities <ol style="list-style-type: none"> 3. Managing money and personal finances |
| Community Engagement  | Section 2B: Community Living Activities <ol style="list-style-type: none"> 1. Getting from place to place throughout the community (transportation) 2. Participating in recreation/leisure activities in the community 3. Participating in preferred community activities (churches, volunteer, etc.) 4. Accessing public buildings and settings 5. Using public services in the community 6. Shopping and purchasing goods and services 7. Interacting with community members 8. Going to visit friends and family |
| Communication and Advocacy  | Section 2G: Advocacy Activities <ol style="list-style-type: none"> 1. Making choices and decisions 2. Advocating for self 3. Managing money and personal finances 4. Protecting self from exploitation 5. Exercising legal/civic responsibilities 6. Belonging to and participating in self-advocacy/support organizations 7. Obtaining legal services 8. Advocating for others |

| | |
|---|---|
| Home and Housing  | Section 2A: Home Living Activities <ol style="list-style-type: none"> 1. Bathing and taking care of personal hygiene and grooming needs 2. Dressing 3. Using the toilet 4. Preparing food 5. Eating food 6. Taking care of clothes, including laundering 7. Housekeeping and cleaning 8. Operating home appliances/electronics |
| Lifelong Learning  | Section 2D: Lifelong Learning Activities <ol style="list-style-type: none"> 1. Learning and using problem-solving strategies 2. Learning functional academics (reading signs, counting change, etc.) 3. Learning health and physical education skills 4. Learning self-determination skills 5. Learning self-management strategies 6. Participating in training/educational decisions 7. Accessing training/educational settings 8. Interacting with others in learning activities 9. Using technology for learning |
| Social Relationships  | Section 2F: Social Activities <ol style="list-style-type: none"> 1. Using appropriate social skills 2. Participating in recreation/leisure activities with others 3. Socializing outside the household 4. Making and keeping friends 5. Engaging in loving and intimate relationships 6. Socializing within the household 7. Communicating with others about personal needs 8. Engaging in volunteer work |
| Health and Wellness  | Section 1A: Exceptional Medical Support Needs (entire section) Section 1B: Exceptional Behavioral Support Needs (entire section) Section 2C: Health and Safety Activities <ol style="list-style-type: none"> 1. Taking medications 2. Ambulating and moving about 3. Avoiding health and safety hazards 4. Obtaining health care services 5. Learning how to access emergency services 6. Maintaining a nutritious diet 7. Maintaining physical health and fitness 8. Maintaining emotional well-being |
| Safety and Security  | Section 2G: Advocacy Activities <ol style="list-style-type: none"> 1. Making choices and decisions 4. Protecting self from exploitation 7. Obtaining legal services |

More detail about CtLC and the PCP process can be found at <https://www.maine.gov/dhhs/oads/providers/adults-with-intellectual-disability-and-autism/person-centered-planning>, and additional information about the SIS-A can be found at <https://www.maine.gov/dhhs/oads/about-us/initiatives/needs-assessment-implementation-project>.