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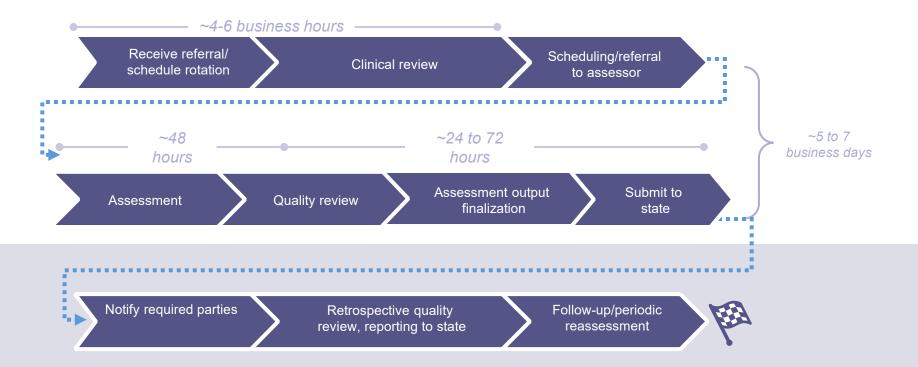
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Long-Term Care Assessment Referral Process Sara Mayo, Intake Supervisor

LTC Assessment Referral Process



How to Submit a Referral Form

Referrals are accepted by:

- Email: Maine-ASA@maximus.com
- Fax: 844.356.7500
- Website for Training and forms: About the Program

You can always email or call with referral questions.

- LTC Email: Ask-MaineASA@maximus.com
- PASRR Email- MEASAPASRR@maximus.com
- Telephone: 833.525.5784
 - Option 1 New Long-Term Care Assessment
 - Option 2 Check Status
 - Option 3 PASRR- Their website is located at <u>Tools and Resources | Maximus</u>
 - Option 4- Leave a Voice Message- Voice Mails are returned within 24-48hrs M-F

When is a Med Assessment Required

- In order to comply with State statue a preadmission Long Term Care Advisory assessment must be completed prior to being admitted to a nursing facility.
- We assess individuals 18 years of age or older in a variety of settings, hospitals, nursing facilities, individual's homes and other health care facilities.
- ❖ The long-term care assessment may be delayed for an individual transferring from a hospital to a Nursing Facility under Medicare or any other private insurance coverage, until the exhaustion of the individuals insurance covered skilled stay.
- An assessment is not required for a 30 day private pay respite stay, however if the stay will be over 30 days the facility will need to request an assessment.

When is a Med Assessment Required

- ➤ An individual must be determined medically eligible for Nursing home level of care as per MaineCare Policy Section 67 by the Department or its Authorized Agent
- ➤ Hospital to a NF Long Term Care
- > To receive services in the home
- ➤ Skilled NF level swing-bed 100% MaineCare
- ➤ Days awaiting NF placement at Hospital
- ➤ Home to NF Long Term Care
- ➤ Need NF LTC MaineCare to cover secondary copay
- ➤ Off skilled rehab to remain at NF Long Term Care
- > Expired 8day bed hold (8 midnights) (expires after 8 midnights or more)

Med Referral form

Referrals are accepted by:

- Email: Maine-ASA@maximus.com
- Fax: 844.356.7500
- Telephone: 833.525.5784
 - Option 1 New Long-Term Care Assessment
 - Option 2 Check Status
 - Option 3 PASRR
 - Option 4- Leave a Voice Message

Intake Coordinators process all referrals to ensure only appropriate referrals are entered into MeCare

Med Referral form (continued)

Intake Coordinators process all referrals to ensure only appropriate referrals are entered into MeCare

Considerations for a complete referral:

- All required fields completed
- Required documents received
- Supporting paperwork received
- Other pertinent information provided
- Below is the link to the fillable Med Referral long with the instructions on how to fill one out. Both are located under Guides and Forms Resources

Med Referral form (continued)

Incomplete referrals may cause delays in completion of the assessment and may result in payment issues for the provider and/ or delays in facility discharges. Those incomplete will also be rejected by intake.

- ➤ Referral dates will be changed to reflect date of when missing information was recieved
- ➤ MaineCare Policy Section 67 states: The NF shall request an eligibility assessment by submitting a complete referral form to the Department or its Authorized Entity. An incomplete form will delay the assessment until receipt of a complete form and required documents.

Long Term Care Timelines

- Medicare denial or Other Third party pay source, timely referral send 5 days prior to First Non Skilled day up to 4 days after First Non Skilled day
- 20 Day Copay the nursing facility must send referral 5 days PRIOR to 20th day MUST have ("123 Form") from the Office of Family Independence by 20th day date. Cannot assess prior to 20th day. NOTE: The ASA communicates the medical eligibility with OFI so that the financial eligibility can be completed
- NF Reassessment send referral no later than 5 days prior to reassessment date Med assessment cannot be completed greater than 5 days prior to reassessment date. NOTE: an END date from community MaineCare is NOT a reassessment date.
- 24 hours to complete hospital assessments
- Psychiatric hospital 5 business days unless the assessment is for discharge then assessment is completed in 24 hours.

Long Term Care Timelines (continued)

If a referral is not received timely it will be labeled as LATE, which will result in a gap in payment, as the classification will begin the date of the assessment

 Classification gaps will only be corrected when the facility provides faxed confirmation that the referral was submitted timely

#1 LONG TERM CARE ADVISORY

Any Individual who requests an assessment for long-term care services at home, in the community or hospital for nursing facility.

➤ This assessment type would be used when the individual does not have MaineCare or has not applied for MaineCare.

2025 Prescreen Guidelines

- Program Page you will find the Mainecare Eligibility guidelines under Qualifications for Mainecare. This resource is for both community Mainecare and for Long Term Care Mainecare.
- Home services:
 - Those who are not open to Mainecare will be asked what the household income and assets. Those that are over the income (found on the Program page above) will be subject to the assessment waitlist. This means they will qualify for an assessment once we take induvial off the assessment waitlist. Those over assets and not looking for placement would not qualify for an assessment.

What we do not assess for:

- Soley homemaker tasks such as Cleaning, laundry, meal prep, grocery shopping, transportation ect.
- IDD Facility placement
- Private pay ResCare admissions
- Life alert –as a stand alone
- DME- Durable medical equipment- as a stand alone
- Those who already have a private home care policy that covers in home ADL supports.
- Future ADL needs. We can only determine medical eligibility for the now.
- Assistance in finding housing (non facility placement)

Long term care form 123 OFI

- When an individual applies for Nursing Facility Long Term Care MaineCare
 OFI will send a 123 form to Maximus.
- When the individual is at a Nursing Facility the Intake coordinator will call the facility and ask for level of care and pay source.
- When the Intake coordinator is told that the individual is skilled under Medicare/Managed care the 123 will be sent back to OFI stating that the 123 is On Hold until Medicare/Managed care denial. The facility will send in the referral and Medicare/Managed care denial when the individual is coming off skilled care.
 - Please Note; if the facility does not submit the referral to MAXIMUS by the end of the skilled stay or if copay is needed, the 123 form will not trigger an assessment

Long Term Care message form 123 OFI

- When the individual needs the Nursing Facility MaineCare to cover the 20% copay, has no other pay source to cover the copay during their skilled stay. The 123 is sent back to OFI On Hold until 20 day copay assessment the facility will send in the referral to Maximus with the 20th day written on the referral. When the individual has Community Mainecare a copay assessment is not needed as this is an automatic pay source for copay.
- A 123 does not always prompt an assessment. Maximus cannot assess prior to a First non SNF date and cannot assess prior to the 20th copay date.

Long Term Care message form 123 OFI

- When an individual is assessed at home and they have not yet applied for the NF MaineCare they have 90 days to apply and 90 days to admit to a NF. When Maximus receives the 123 they will verify if they are still home. If they have moved to a Nursing Facility LTC we will then need the movement card. Intake staff can provide you with the MaineCare # if you do not have it. You need a MaineCare # to be able to submit a New Admit through the portal. We need the actual admit date to LTC.
- When 123 and Movement card are received then an Update will be completed to authorize payment and provide a classification for the facility.
- When the individual is home and Maximus receives a 123 for NF MaineCare or HCB Waiver MaineCare the receipt of the 123 then does prompt an assessment.

- #14 20 Day Medicare/MaineCare co-pay
- This assessment is for an individual who is admitted to the nursing facility under Medicare or other payment and needs Long-Term Care MaineCare to cover the copay days.
- Traditional Medicare needs copay coverage beginning day 21 to 100. (80 day classification)
- Prior to having the assessment the individual must apply for Long-Term Care MaineCare through OFI. A referral form (123) from OFI will need to be received before the 20 day co-pay can be completed.
- When submitting this referral include the 20th day date on the referral.
- For a timely referral the facility must send 5 days prior to the 20th day
- Assessment only needed when Long-Term Care Mainecare is needed as the pay source for 20 day co-pay assessment.

- #15 Medicare to MaineCare (financial change/initial assessment)
- This assessment type is for an individual who enters the NF under Medicare or other payment for skilled care, and at the end of the covered skilled stay will be remaining at the NF and will need NF MaineCare to pay at 100%
- Maximus must have a 123 from OFI before completing this assessment.
- On the referral form, provide the admission date to the facility and fill in the First Non Skilled date in Box 27B.
- Send the Medicare denial letter with the referral.
- If the individual has used the full 100 days of Medicare, a denial letter is not needed, simply document in the comment field on the referral form that the individual has used full 100 days of Medicare.
- Timely referral = 5 days prior to First non-SNF date 4 days after.

- #16 20 Day Co-pay to NF MaineCare (financial change/reassessment)
- This assessment type follows a #14 -20 day co-pay
- For an individual who enters the NF under Medicare or other payment, had a co-payment assessment and at the end of the skilled stay will be remaining at the NF and looking for NF MaineCare to cover 100%.
- OFI referral (123) will be on file as it was needed to have the #14 20 day copay assessment completed. This is entered as a Financial Change Reassessment as we are now assessing for Medical Eligibility for Long-Term care and for MaineCare to pay 100% verses 20%.
- On the referral form the facility will provide the admission date to the facility, will fill in the First Non Skilled date in Box 27B.
- They will send the Medicare denial letter unless used full 100 days then it will be documented in the comments field on the referral tab.
- Timely referral 5 days prior to First Non Snf date 4 days after.
- If hospitalized within the 100 days, must request a revision to extend the 100th day

- #19 Advisory Medicare to Private Pay
- This assessment type is for an individual who enters the NF under Medicare or other payment who has not established financial eligibility for MaineCare at the end of their skilled stay.
- On the referral form the facility will provide the admission date to the facility, will fill in the First Non Skilled date in Box 27B.
- They will send the Medicare denial letter unless used full 100 days then it will be documented in the comments field on the referral tab.
- Timely referral 5 days prior to First Non SNF date 4 days after.
- If MaineCare is needed for payment they will need to apply within 90 days of Advisory assessment. When Maximus receives the referral from OFI then an update will be completed and classification will be sent to OFI.

- #20 Continued Stay Review (Service need/Reassessment)
- The individual has been found Nursing Facility level of care has a NF classification.
- The Nursing Facility is responsible for implementing a systematic review process and determine whether the individual continues to require a Nursing Facility level of care. This review process shall be conducted in conjunction with using the (MDS) Minimum Data Set.
- When determined that the individual may no longer be NF level of care the facility will request for an assessment to be completed, the facility will send the referral with the Continuing stay review letter. Do not need to send to OADS.

- #17 30 day Community MaineCare
- This assessment if for an individual who needs to enter the NF under their Community MaineCare.
- Community MaineCare will cover 30 days in a NF if the individual has been determined to be medically eligible for NF level of care.
- The assessment must be completed prior to admission
- 30 day Community MaineCare is ONLY VALID for 30 DAYS then funding ENDS.
- They must apply within the 30 days if the intent is for the individual to stay beyond 30 days in the NF Long-Term Care.
- If the OFI referral is received within 30 day timeframe a conversion will be completed, the classification will be extended based on the nurse's recommendation.

#17 – 30 day Community MaineCare continued

 IF no OFI referral is received within in the 30 day timeframe, no assessment will take place.



Please note: This is the only time a 123 will trigger an assessment without the NF referral.

• There is no reassessment on the 30 day community MaineCare as the funding end. The referral following this assessment should be an initial not a reassessment.

Acquired Brain Injury for Facility

#25 TBI Traumatic Brain for Nursing Facility

River Ridge and Brewer Center for Health and Rehab are the two Brain Injury nursing facilities in Maine.

- The individual can have community MaineCare for a 30 day ABI classification, however will need to apply for Long-Term Care Nursing Facility MaineCare within 30 days for an ABI NF classification beyond 30 days.
- The Neuropsychological evaluation must be sent with the referral.

Individual is a resident at Nursing Facility (NF) or Skilled Nursing Facility (SNF) and is admitted to the hospital:

• Complete the **transfer** by the <u>next day</u>, unless it is a weekend or holiday, then it can be the <u>next business day</u>. This is your bed hold (BH) request

Return from the hospital BH to NF

Complete the transfer hospital to NF by next day (Bed holds are 8 days / 8 midnights)

Return from the hospital **BH to SNF**

Complete the transfer hospital to SNF by next day

SNF to NF

 When it changes from SNF to NF, do transfer within 5 days from SNF to NF



Reminder, if there is a late bed hold or return from SNF to NF, coverage may be denied.

Please be careful to send the right form for a bed hold. <u>Do not send it on a discharge form</u>. If a bed hold expires a new Maximus Assessment must be done prior to readmission to the NF. This will require a new admission through the NF portal.

Never a resident of your facility

- Comes to NF: This would be a new admission submitted through the NF portal. Send as soon as you can, may need to wait for a MaineCare number. Do not check off the transfer box from other facility unless it is a NF in Maine. Coming from ResCare, home or hospital do not check off the transfer box.
- Comes to SNF from hospital: No need to send movement card through NF portal until they are NF eligible, will need MEDXX for NF admission.
 Movement card for new admit will need to include the MaineCare date of eligibility (1st non SNF date-if ASA referral sent timely).

Note: If medicare or managed care, no need to send movement card.

Reminders

No NF assessment date, no Maximus Assessment = No eligibility is entered

Sometimes medical eligibility and financial eligibility are not the same date

Prompt submissions through the NF portal is best so no eligibility days are denied

Residential Care

- Assessing Service Agency (ASA) completes the Medical Eligibility assessment for individuals who are needing placement in a residential care facility.
- When the individual is in the community, there must be a residential care bed available prior to the assessment being completed.
- Assessments are completed for MaineCare admissions, assessments are not completed if an individual is admitting as a private pay resident.
- If the individual will be applying for residential care MaineCare within 90 days an assessment will be completed.
- When in the community there must be a residential care bed available.

Residential Care (continued)

- For a private pay resident when funds have been spent down the residential care facility will send in a Medical Eligibility Referral form to the ASA with the last day of private pay on the referral form noting the resident is now applying for residential care MaineCare.
- When there is a NF classification, and individual's choice is residential care, and there is a bed available, another assessment is not required. When MAXIMUS receives the movement card, a revision will be completed to add the residential care dates to the assessment outcome.
- The ASA is not notified by DHHS with a LTC Classification form when someone applies for residential care MaineCare.

Residential Care (continued)

• When an individual has an assessment and is moving from one residential care to another residential care facility *another assessment is not needed*.

• If an individual has expired the residential care 30 day annual bed hold then another assessment is needed.

 For the initial assessment a residential care bed must be available for an assessment to be completed. The individual has 90 days to admit to a residential care.

• If not admitted then another assessment will be needed prior to admission with a confirmed available bed.

Residential Care (continued)

- Once admitted to a residential care facility the facility will fill out a New Admit request through the state portal. When this is coded as New Admit the portal sends an email to the ASA automatically. The ASA receives the transfer form, this form has the admission date and the name of the facility on it.
- The ASA will check the State Mecare system and determine if an assessment has been completed, Intake will check the outcome of the assessment for residential care dates.

• It the individual does not admit within 90 days of the assessment MAXIMUS intake will notify the facility that a referral needs to be sent in and another assessment is needed.

Long-Term Care Clinical Assessment Process Laura Moody, RN Manager

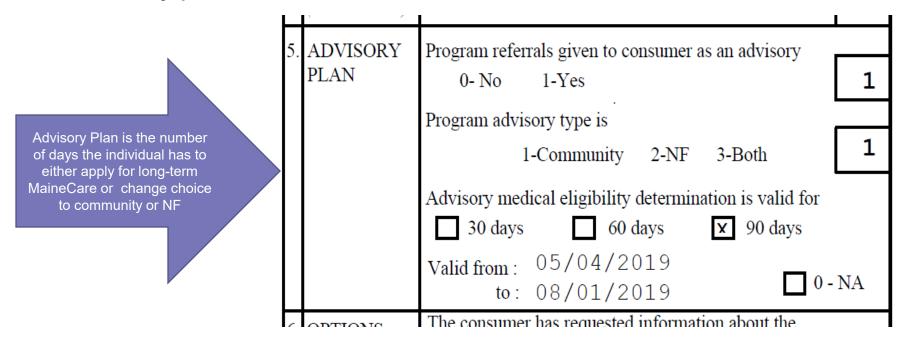
Nursing Facility Classifications Section X

Short term classification Nursing Facility

SECTION X. NF FACILITY			
1. a. Will be entering a NF	0 - No	1 - Yes	1
b. Is currently in a NF	0 - No	1 - Yes	0
c. NF Name GREENWOO	D CTR		
d. Eligibility start date: 0	5/06/201	.9	0 - NA
e. Reassess date: 11/01/2019		0 - NA	
f. End date: (30-day MaineCare NF only) g. Admission date:			x 0 - NA x 0 - NA
h. NF-BI			
i. NF-MFP			
j. NF-ORC			

Advisory Plan

An advisory plan is not a classification



Movement card submitted through the NF portal will trigger a conversion or update

Classification for a 20 day copay

- The classification will be for 80 days to equal the 100th day
- If the referral is not sent timely the classification will begin the date of the assessment rather than day-21 (resulting in a gap in payment)
- Next referral will be #16 (20-day copay to NF) when no longer skilled

SECTION X. NF FACILITY				
1. a. Will be entering a NF	0 - No	1 - Yes	0	
b. Is currently in a NF	0 - No	1 - Yes	1	
c. NF Name DEXTER	HEALTH	CARE -	NF 🗆	
d. Eligibility start date:	06/07/2	019	0 - NA	
e. Reassess date:	08/25/2	019	0 - NA	
f. End date: (30-day MaineCare NF onl	y)		x 0 - NA	
g. Admission date:	05/18/2	019	0 - NA	
h. NF-BI				
i. NF-MFP				
j. NF-ORC				

Classification with First Non SNF Date

SECTION W. NF/HOSPITAL DATES						
1. Acute care denial date:			x	0 - NA		
2. First Non-SNF Date:	05/30/2019			0 - NA		
3. Last day private pay:			\mathbf{x}	0 - NA		
4. Late notification date:	0 - No	1 - Yes		0		
5. Bed hold expired:	0 - No	1 - Yes		0		
6. Home Health end date:			x	0 - NA		

When Reassess is NA End date is NA we have a
Eligibility Start date and NF
name this is an extended
Classification

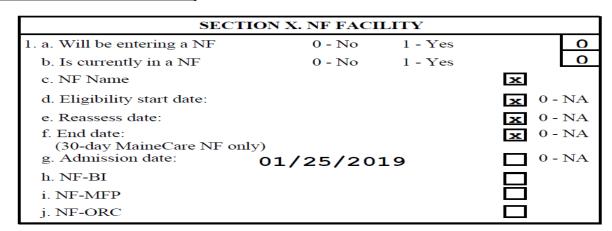
SECT	TON X. NF FACI	LITY	
1. a. Will be entering a NF	0 - No	1 - Yes	0
b. Is currently in a NF	0 - No	1 - Yes	1
c. NF Name BARRON	CTR NF		
d. Eligibility start date:	05/30/20	19	0 - NA
e. Reassess date:			x 0 - NA
f. End date: (30-day MaineCare NF on	ılv)		x 0 - NA
g. Admission date:	04/01/20	19	0 - NA
h. NF-BI			
i. NF-MFP			
j. NF-ORC			

Outcome with no classification

Advisory #19 Medicare private pay First Non SNF Date No MaineCare

SECTION W. NF/HOSPITAL DATES						
1. Acute care denial date:			x 0 - NA			
2. First Non-SNF Date:	03/06/2019		0 - NA			
3. Last day private pay:			x 0 - NA			
4. Late notification date:	0 - No	1 - Yes	0			
5. Bed hold expired:	0 - No	1 - Yes	0			
6. Home Health end date:			x 0 - NA			

No NF Name, Eligibility start date is NA – Reassess Date NA- End date NA this was an Advisory assessment



Section A skilled nursing 7 days per week

- Intraarterial, IV, IM, or SQ injections, IV feedings (excluding scheduled insulin or injection for a chronic condition or prophylaxis)
- NG tube, G-tube, J-tube feedings for new/recent (within 30 days) or unstable condition.
- Nasopharyngeal suctioning
- Trach care of a recent (within 30 days) or unstable condition
- Oxygen New (within 30 days) used on a regular and continuing basis if professional RN observation is needed.

Section A skilled nursing 7 days per week

- Insertion and maintenance of a urethral or suprapubic catheter as an adjunct to the active treatment of a disease/medical condition that justifies skilled RN care (must be documented in medical record)
- Comatose
- Unstable medical condition requiring daily RN assessment or RN observation once per shift
- Unstable medical condition requiring daily RN assessment or RN observation once per shift
- Daily treatments/dressing (Stage 3 or 4 decubitus, Open surgical site 2nd or 3rd degree burns, Stasis ulcer, open lesions, Other dressing)

Therapies (PT, OT, ST, RT) 5 days/week ordered by physician

Uncontrolled seizure Care to manage uncontrolled seizures at least 1 day weekly

Ventilator/Respirator Care to manage conditions requiring a ventilator/respirator at least 3 days/week

Activities of Daily Living Extensive assistance (weight bearing support) in at least three of the five late loss ADLS

Late Loss (Shaded) ADL's:

- Bed mobility
- Eating
- Locomotion
- > Transfer
- > Toilet use

Combination Eligibilities

- Limited Assist with 2 late loss ADL's <u>and</u> a skilled nursing need or Therapy (PT, OT, ST),or Radiation, or Chemotherapy or Dialysis 3+days/week
- Section A nursing need 3+ days/week <u>and</u> Section B, C or D nursing need 3+days/week <u>and</u> Limited Assist 1 late loss ADL

Cognitive Supplemental will be triggered when the following are scored

- Short term Memory problem
- Individual is able to recall of 2 or less of the following items- season, location of room, where individual is at and names and faces
- Decision making moderately to severely impaired

If professional nursing assessment is scored 3+ days per week it will override the need to complete the supplemental cognition screen

Problem Behavior Threshold

Is met when any of the following problem behaviors are score 4-6 days/week

- √ wandering
- √ verbally abusive
- ✓ physically abusive
- ✓ socially inappropriate behavior

Note resistance to care does not trigger the supplemental behavior screen

Nursing assessment 3+ days per week will override the need to complete the supplemental behavior screen

Combination Eligibilities

Qualifying score on the Supplemental Cognition Screen of 13 points out of 16 **and** Qualifying score on the Supplemental Behavioral Screen of 14 points out of 20 **and** limited Assist 1 late loss ADL

Qualifying score on the Supplemental Cognition Screen of 13 points and Limited Assist with 2 late loss ADLs

Qualifying score on the Supplemental Behavioral Screen of 14 points **and**Limited Assist 2 late loss ADLs

Required Documentation to complete the assessment

Face sheet

CNA, ADL Mood and problem behavior documentation for previous 7 days

Medication administration Record for previous 7 days

Treatment administration record for previous 7 days

History and Physical

Most recent MD progress notes

RN notes for previous 7 days

Therapy evaluation and most recent therapy notes if therapy is continuing

Guardianship Papers

The RN assessor will need to verify care needs with facility staff member and speak with the individual being assessed

Discharging Home and LTSS Community Programs

If member was receiving services in community and has been away from home less than 60 days and has not been reassessed since admission to hospital, contact the Service Coordination Agency (SCA)

If member was not receiving services; *or* was receiving services but has either exceeded the 60 days suspension *or* was assessed while in hospital/facility, contact OADS

Non-MaineCare funded programs are subject to wait list, and individuals may not be on waitlist while in a facility. Please coordinate closely with the SCA when planning discharge for individuals service by State-funded (non-MaineCare) programs

Community Transitions- Homeward Bound

Residents who express a desire to return home (self-identified, Section Q, or by family) should be referred to LTCOP to explore potential for discharge. LTCOP will screen for eligibility for Homeward Bound when referrals are made. Individuals may be eligible if they meet the following criteria:

- Have been in the facility for 60 days
- Received Medicaid benefits for at least one day
- Will return to a "qualified residence" in community
- Are eligible for waiver services (Elderly and Adults with Disabilities, Other Related Conditions or Brain Injury waivers)
- Have a contingency plan for to address lapse in service availability

Services available to participants include:

- Advocacy and transition assistance
- Household start up
- Environmental Modifications
- Assistive technology
- Enhanced care coordination
- Support in housing search

Hospital quick facts

- Awaiting Placement(AP)- Is only for those that admit under ACUTE status and have been denied.
- Level of care assessments- can be requested for those non-Acute. Status typically is under Observation, Custodial, PASRR or in the ED.
- Timeframes:
 - AP assessments are 24hr turnaround.
 - Level of care assessments- 5-day turnaround not including weekends.
 - Utilize the comment box on the bottom right of the referral form to communicate with Intake. Examples:
 - patient observation need Level of care.
 - Patient ready to discharge (with date of anticipated discharge) along with facility they are looking to discharge to.
 - Patient discharge to (facility) Skilled under (insurance/pay source)

Referrals NEED to be fully filled out. This includes box 27 of the referral which has the dates. Must have the dates that pertain to what you are requesting such has Admit date(date they admitted to your facility), discharge date, Acute denial date. Failure to fill out referral completely will result in the referral to be rejected.

Denials, Appeals and Gaps for LTSS Facilities -KNOW YOUR PAYOR SOURCE-

Stays for Level of Care (LOC) will be in place as long as appeals are made within 10 business days from completed MED assessment.

If LOC is upheld, it is effective immediately.

- NFs call bill Days Awaiting Placement for Res Care when appropriate (MaineCare)
- MaineCare members <u>cannot</u> be held responsible for any NF LOC payments during periods of in eligibility

Gaps in service reviews <u>will not</u> be completed for referral delays or admission errors. For questions, please contact <u>DHHS.LTSSFacilities@maine.gov</u>