



DELAWARE MENTAL HEALTH RESOURCES

OFFERED BY DSAMH



FREE. CONFIDENTIAL, AVAILABLE 24/7.
Support is just a call, text, or click away.



1 988

988
LIFELINE

ABOUT:

24/7 crisis support and connection to trained counselors for any emotional distress, mental health or substance use issues, or suicidal thoughts.

CONTACT:



Call, text, or chat 988 on your mobile device
English & Spanish

- ★ Call options include a brief greeting then connection to a trained crisis counselor
- ★ Chat options include a brief pre-chat survey regarding your areas of concern, then connection to a crisis counselor

2 CRISIS INTERVENTION SERVICES



ABOUT:

24/7 statewide support for adults experiencing mental health or substance use crises, delivering community-based assessment and intervention to prevent unnecessary hospitalizations while collaborating with law enforcement on training and mental health evaluations.

CONTACT:



Northern Delaware Hotline =
(800) 652-2929



Southern Delaware Hotline =
(800) 345-6785

3 TRANSITIONAL CASE MANAGEMENT PROGRAM



ABOUT:

Individualized case management, temporary housing, coordination of behavioral health and recovery services for Delaware residents (18+) with serious and persistent mental illness—including those with co-occurring substance use disorder in early remission, have functional deficits, and aren't enrolled in PROMISE.

CONTACT:

DHSS_DSAMHTCMMH@delaware.gov
(302) 292-8160

4 THE BRIDGE CLINICS



ABOUT:

Provide services to people needing immediate substance use disorder or mental health services.

WE PROVIDE:

- Peer support
- Counseling referrals
- Toiletries & hygiene items
- Psychiatric assessments
- Medication for Opiate Use Disorder

LOCATIONS & CONTACTS:

- 805 River Rd, 3rd Floor
Dover, DE 19901
(302) 857-5060
- 546 S. Bedford St.
Georgetown, DE 19947
(302) 515-3310
- 14 Central Ave
New Castle, DE 19720
(302) 288-0230

5 PROMISE



ABOUT:

Person-centered, recovery-oriented services that help individuals with behavioral health needs and functional limitations live in the community while reducing the need for institutional care.

CONTACT:

For eligibility determination, Eligibility and Enrollment Unit = (302) 255-9460 or DSAMH_EEU@delaware.gov

6 HOPE LINE



ABOUT:

24/7 hotline that connects individuals to crisis support, clinicians, peer specialists, and DSAMH services and resources.

CONTACT:

1-(833) 9-HOPEDE or (833) 946-7333



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STATE-PAY INPATIENT PSYCHIATRIC & PARTIAL HOSPITALIZATION

ABOUT: State-funded options are available for patients who are uninsured or underinsured at all psychiatric hospitals in Delaware. Your provider will help determine if you qualify during the admissions process.