

These definitions below are meant to help de-mystify and explain the various specialized services that can be recommended through the PASRR Level 2 Evaluation process.

If you have any questions, please reach out to either:

- CO PASRR Administrator, Margaret Anderson at Margaret.Anderson@state.co.us for general questions about PASRR
- State Mental Health Authority for PASRR, Chellie Voss at the Colorado Department of Human Services, Office of Behavioral Health at Michelle.Voss@state.co.us for questions about MI related specialized services
- Maximus Support for technical PASRR questions: COPASRR@maximus.com.

Mental Illness Services and Definitions

Specialized Service	Definition
Psychiatric Medication Case Consult	Initial psychiatric evaluation with a psychiatrist or PMHNP for potential need of ongoing psychiatric medication management – typically quarterly when stable, monthly when not stable.
Case Management	Community-based case management as a wrap-around support – usually due to either continuity of care for continuing with known providers or transitioning to new providers as warm handoff.
Individual Therapy	Any frequency of 1:1 psychotherapy – will typically recommend d focus on therapy as either coping skill development, MI, CBT, narrative, etc.
Psychological Testing Case Consultation	Licensed psychologist consultation for specific psychological or neuropsychological testing.
Other Mental Health Professional Case Consultation	Specialized treatment/testing/evaluation (ex: substance abuse disorder assessment, eating disorder, psychosexual, trauma specialist, etc.) and the level II evaluator will recommend a degree and/or license of the professional who would be providing this service.
Psychosocial Rehabilitation Services	Life skills focused rehabilitation services to promote social skills and successful transition back to community setting– no specific licensure or job title required. Typically included in a Wellness Recovery Action Plan (WRAP plan) for individuals being treated by a local community mental health center.
Group/Family Therapy	Any frequency of group/family therapy – will typically recommend focus of the therapy.
Peer Specialist Support	Peer support specialist who has lived experience with behavioral health conditions and provides complimentary education, advocacy and support to an individual who is receiving behavioral health intervention as part of the care plan.

Behavioral Therapy	Clinical intervention provided by a qualified mental health provider focused on developing new behaviors, modifying existing behaviors and/or eliminating unwanted behaviors.
Supported Employment	Supported Employment services via CMHC IPS program or Dept of Vocational Rehabilitation programs are recommended when individuals would benefit from being given individualized support/coaching with employment to increase sense of purpose and productivity.
Psychoeducation	Education for individuals regarding comorbid medical/psychiatric conditions – typically recommended as way to build engagement in independent self-care of chronic conditions.
Outpatient Mental Health Services	Community based mental health care to either provide continuity of care for continuing with established providers or support in transitioning to new providers as a warm handoff during transition to community. This service is also identified for individuals on civil certification managed by the local CMHC when there is a NF placement agreement.
Day Treatment/Partial Hospitalization	Off-site intensive behavioral health day treatment programming – typically either day habilitation for life skills support, coping strategy and group support or intensive psychiatric support on an outpatient basis from a behavioral health hospital
Crisis Intervention Plan	A crisis intervention plan initiated by a treating qualified mental health provider that involves monitoring psychiatric symptoms and stability, identifies known triggers of episodes of psychiatric decompensation and details effective coping strategies and clinical interventions necessary when risk for danger to self/others or psychiatric decompensation is identified by care team or the individual.
Transportation	Transportation services to be coordinated in conjunction with community-based programs. This service is identified for individuals who require behavioral health programming and/or services outside of the nursing facility.
Other Services Recommended	Examples of other services recommended include animal-assisted therapy; neurocognitive testing/imaging; SUD/Chemical dependence abstinence focused peer support groups; community-based disease specific support groups; etc.

Intellectual/Developmental Disabilities (I/DD) Services and Definitions

Specialized Service	Definition
Assistive Technology	Assistive technology services include services, supports or devices that help to increase, maintain, or improve your ability to perform daily tasks. Services do not include ongoing subscription services. Services may include: Evaluating needs; Choosing, buying, and using a device; Designing, fitting, customizing, adapting, applying, maintaining, repairing, and replacing devices; Training and technical assistance.
Behavioral Management and Education	Behavioral Management and Education are services necessary for the treatment of a client's severe maladaptive behaviors when these services are not available under Medicaid State Plan benefits, other third party liability coverage or other federal or state funded programs, services or supports. These services include comprehensive assessment of behaviors, development of a structured behavioral intervention plan with specific treatment goals, working one-on-one with the client to implement the intervention plan and determine its feasibility, training family and caregivers to reinforce behavioral programming methods and goals. Periodic reassessment of the individual plan is used to revise the plan, goals, and outcomes according to client need.
Behavioral Therapies	<p>This includes intensive developmental behavioral therapies developed specific to the member's needs including conditioning, biofeedback or reinforcement techniques; Treatment goals that are consistent with building elementary verbal skills, teaching imitation, establishing appropriate toy play or interactive play with other children, teaching appropriate expression of emotions and behaviors, and where necessary, reducing self-stimulation and aggressive behaviors; One on one behavior therapy conducted with the member and Line Staff, following a specific protocol established by the Lead Therapist.</p> <p><i>This also includes training or modeling for parents or a guardian so that the behavioral therapies can continue in the home. Training or modeling shall be: Directed towards instruction on therapies and use of equipment specified in the Care Plan; Carried out in the presence of and for the direct benefit of the member; Conducted by the Line Staff.</i></p>

<p>Case Management</p>	<p>Case management is assistance provided by a case management agency on behalf of an eligible member, which includes referral of needed Health First Colorado (Colorado's Medicaid Program) services and supports that enable you to remain in your community-based setting. A case manager is responsible for: Assessing your long-term care needs; Developing and implementing your care plan; Coordinating and monitoring the delivery services and providers; Evaluating the effectiveness of the services; and Periodically re-assessing your needs.</p>
<p>Day Habilitation – Specialized Habilitation</p>	<p>Day Habilitation Services help you get, keep, and improve self-help, socialization, and adaptive skills. These services take place away from your home unless there is a medical or safety need. Activities and environments are to help you gain skills, appropriate behavior, greater independence, and personal choice. Specialized Habilitation Services help you reach your highest skill level so you can be more self-sufficient. Services include help with self-feeding, toileting, self-care, sensory stimulation and integration, self-sufficiency, maintenance skills and supervision.</p>
<p>Day Habilitation – Supported Community Connections</p>	<p>Day Habilitation Services help you get, keep, and improve self-help, socialization, and adaptive skills. These services take place away from your home unless there is a medical or safety need. Activities and environments are to help you gain skills, appropriate behavior, greater independence, and personal choice. Supported Community Connections Services support the abilities and skills needed for you to access typical activities of community life. These include community education or training, and retirement and volunteer activities.</p>
<p>Dental Services</p>	<p>These services are provided only when the services are not available through the Health First Colorado (Colorado's Medicaid Program) State Plan due to not meeting the need for medical necessity as defined in Health Care Policy and Financing rules at 8.011.11 or available through a third-party resource.</p>

Other Public Conveyance (aka Non-Medical Transportation)	Non-medical transportation services are rides to community services and resources in your care plan. This may include rides for shopping, community activities, program services, and volunteer and employment settings. Each waiver has slightly different transportation benefits. If you need a free ride to your medical appointment, see "Non-Emergent Medical Transportation" in your Health First Colorado Member Handbook.
Supported Employment Services	Supported Employment offers work support services if you need intensive ongoing support in the work setting. Services include assessing and identifying interests and abilities, job placement and development, and job coaching. If you get Supported Employment services, you must first use the services through the Division of Vocational Rehabilitation or speak with a CCB Case Manager.
Vision	These services are provided only when the services are not available through the Health First Colorado (Colorado's Medicaid Program) vision benefits. Eye exams, diagnosis, glasses, contacts, and other services must be medically necessary. Lasik and similar procedures must be medically appropriate and pre-approved by your CCB.

Nursing Facility Rehabilitative Services:

- Med review/nursing facility specific psychotropic medication management services
- Rehab therapies (PT/OT/SLP/Restorative programming)
- Resident work program/volunteer opportunities within the NF to build sense of belonging, purpose, self-efficacy, etc.
- Animal rounding therapy with visiting pets/animals
- Socialization/leisure/recreational activities - 1:1 engagement support/activity prompting
- Nutrition consult/assessment
- Audiological evaluation
- Vision evaluation
- Neurological evaluation (Evaluation for a diagnosis of dementia, Alzheimer’s, or other Organic Disorders)
- Transportation services
- Family Involvement in the individual's care planning and treatment decisions
- Obtain archived/historical psychiatric records to clarify history
- Behaviorally based treatment plan – behavioral monitoring management
- Crisis Prevention & Safety Planning: if there was a recent safety concern (i.e. thoughts of and/or recent harm to self or others), establish a safety plan to assure ongoing psych stability.